



TONIAN tw ts

UNITED IN PRAYER, WE BUILD THE BODY OF CHRIST; BY ACTIVELY SPREADING LOVE AND PEACE THROUGH EQUALITY AND JUSTICE FOR ALL

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**A Saint is Someone Who Lets the Light Shine Through
So Let Your Light Shine**

As we welcome a New Year
Let peace reign in the midst of unrest;



And as the year **2020** unfolds,
may we have "**Perfect Vision**" as we look
through the eyes of the Child

Parish Fathers, Sisters, & Editorial Team

"Santa" is Asher Fernandes, grandson of Irene / Richard of Nazarene, Kharodi

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The theme of the next issue will be:

***Metanoia: Greek word for Conversion
(Change of Heart)***



Please email articles on the theme or
other allied topics, as well as reports on
community activities to:
toniantweets@gmail.com,
by March 26, 2020.

FROM THE DESK
of our Parish Priest

Fr. Agnelo Fernandes

Dear Friends.

Welcome to the first quarterly of our parish bulletin, “**Tonian Tweets**”: 2020-1!

The reports of parish cells, communities and clusters over the last three months of 2019 help us realise that we have grown together as a parish family.

Our “Parish Family Day”, with every zone presenting its very best, in a spirit of collaboration, was one of the highlights. Working within many constraints, you have lived the slogan printed on the invitation: “Hand IN Hand We Build Our Church”.

Congratulations to Alvito and Fiona Pereira (coordinators) and each member of our “Parish Family Cell”, for having been awarded the “**Certificate of Appreciation**” as the **Best Family Cell in the Borivili Deanery** - indeed a proud moment for our parish!

There has been an increase in OUTREACH too, with many parishioners and confirmation students joining Sr. Martha on her visits to people living on the streets, or to orphanages, or to Gujarat. Communities / NYGs who took this pillar of the SCC seriously have also been changed from within.

Finally, on New Year’s Eve, we launched our parish website, thanks to the initiative of our Cleopas Lobo, who took this as his project while pursuing the TOA. The newly established “Parish Communication Cell”, under the guidance of Fr. Vinay, will be our webweavers.

Please do visit the Website URL: - <https://www.stanthonychurchmalwani.in/>

Friends, our theme this time is: **Let Your Light Shine**. I am reminded of the little child who was asked to define a “SAINT”. She pointed to a stained glass window and replied: “**A Saint is one who lets the light shine through**”. The front cover illustrates this definition so well. We have to be transparent to let the Light shine through us. Many articles and testimonies in this issue speak of how we can be “Light in our world” today.

Cardinal John Henry Newman, 19th Century theologian and writer, who was canonised on 13th Oct. 2019, wrote this beautiful prayer which is worth making our own this New Year.

Dear Jesus, help me to spread your fragrance everywhere I go. Penetrate and possess my whole being so utterly that all my life may be only a radiance of Yours.

Shine through me, and be so in me that every soul I come in contact with may feel your presence in my soul. Let them look up and see no longer me, but only Jesus!

Stay with me and then I will begin to shine as you do; so to shine as to be a light to others. The light, O Jesus, will be all from you; none of it will be mine. It will be you shining on others through me.

Let me thus praise you in the way which you love best, by shining on those around me. Let me preach you without preaching, not by words but by example, the catching force and sympathetic influence of what I do, the evident fullness of the love my heart bears to you. Amen.

MAY EACH ONE OF US RADIATE JESUS THIS YEAR

CELEBRATING *Saints*



St. John Bosco (1815 - 1888) *Run, jump, shout but do not sin...!*

Feast day: 31st January

Patron Saint of youth, editors, magicians and juvenile delinquents

Don Bosco (Italian for Father) was born in a humble village east of Turin in 1815 during the blood-thirsty Italian and Industrial revolution. His father's death had a deep impact on his young mind and mission. He dedicated his life to rescue the homeless, abandoned and orphaned children, provide for their basic necessities and inspire their faith. Motivated by the life of St. Francis de Sales, Don Bosco founded the order of the Salesians of Don Bosco (SDB) in 1859. He established several youth centres that offered basic education, occupational skills and above all the love of God. He believed in educating the whole person - body and soul - through a unique method known as Salesian Preventive System. His most famous and canonized student was St. Dominic Savio. Don Bosco was endlessly loved by his 'rascals' for he relentlessly tried to win them over 'with kindness and love'. His life and ministry encourages us to do the same.



St. Blaise

Feast Day: 3rd February

Patron Saint of veterinarians, wool workers, stonecutters and physicians

According to legend, St. Blaise was a physician by profession and a man of extraordinary virtue. He was appointed Bishop of his native city of Sebaste in Armenia (today Turkey). However, under the persecutions of Licinius, the co-Emperor of Rome, St. Blaise was arrested, tormented by a wool-comber's brush and beheaded for refusing to abjure Christ. He is famously invoked against throat diseases for he is said to have saved the life of a young boy who was choking to death on a fish-bone.

Even to this day, the 'blessing of St. Blaise' is commonly given by touching the throats of the faithful with two pronged candles held in X form.



St. Joseph *The Silent Knight*

Feast Day: 19th March

Patron Saint of the Catholic Church, unborn children, fathers, families, immigrants, workers, pilgrims, carpenters, of a happy death etc.

A fascinating figure in the story of salvation is Joseph of Nazareth - a man of great silence. We know not of a single syllable he ever spoke and yet his actions, eloquent and enigmatic, speak volumes of his 'justness'. He was chosen by God to be the foster-father of the Incarnate Word. We know he was a carpenter and came from the royal Davidic lineage. Joseph was not rich for during the Presentation of Christ, he offered the sacrifice of two turtledoves, allowed only for those who could not afford a lamb (Luke 2:24). However, generous and caring at heart, Joseph chose to be selfless and obedient to God and joined Mary in saying 'yes' to the divine plan of salvation. Truly his actions speak louder than words.

Feast Day ... We Are Family!!!

Marian Community



“For a community to be whole and healthy it must be

based on people’s love and concern for each other” - Millred Fuller. Love and energy were exactly our experience on our community feast day, 29th September 2019, starting with the Eucharist by Fr. Agnelo Fernandes

Party time followed with super-talented compere Sarita D’Souza. Our new coordinator Renita Menezes and team were introduced, former coordinator, John Coutinho, appreciated; and the little ones delighted us with a musical medley.

The stars of our community were felicitated - Alister Almeida and Nathan Ferreira (SSC); Sarah Ferreira and Darren Fernandes (HSC); Annette Fernandes (B.Sc. Hotel Mgmt). Sarah Ferreira, Pearl Menezes and Staley Almeida (winners of the Parish Women’s Football)

Tiny tots to senior citizens played games: frog-hopping, passing caps, numbering backwards while snapping fingers on 3 and 7, rushing for

Community of Our Lady of Nazareth

- We began in October, by **reciting the Rosary in every cluster**, thus coming to know each other as a family.
- Our next event was **visiting our senior citizens** whom we felicitated with a small token of love and appreciation.
- Towards the end of the year, we conducted the advent prayer in each cluster,
- Ending with **carol singing followed by fellowship on the last Sunday**. Truly, it was the most wonderful time of the year.

Grandparents’ Day Celebration

Marian Community



“You are not old but growing younger year after year”,

wisely commented our animator, Lawrence D’souza. Grandparents - the most important people in our lives - were celebrated on 5th October. The welcome and prayer were followed by self-introductions by our 23 elders during which we learned interesting things about them.

Great enthusiasm generated, whether participating in games or dance, Sarita D’souza again our incomparable compere! Our happy evening ended with a small token of love by which to remember this day. Our Grandparents truly fill our lives with joy.

- Rovita Gaikwad

spot prizes! Ludovica lead us in prayer thanking for fellowship. A take-away for each family, “Kuchmeeethahojaye” (chocolates) for children and youth, while adults were happy with sweet memories and extras-sweet halwa

May we always stay together as community - for *togetherness gives happiness forever.*

- Rovita Gaikwad



The enthusiastic support and dedication of my animators - Gracy, Leyan, Clara, Felix, and Precilla - is the reason behind our togetherness; I thank God for such a loving family. May we continue serving God through the people we interact with within our community.

- Branca Teixeira

Children's Day Celebrations

"Gift of Joy" Community

We celebrated Children's Day on 12th November with great enthusiasm;



our coordinator and animators dressed up in school uniforms like children, and lead us in a truly stunning 'Penguin March', after which Marita Borges led us in prayer.

Our host, coordinator Flora Crist, with Adrien Kalita and Flavia Rodrigues danced for us, while the vibes increased with spot prizes, games, children dancing and having a great time...!!

The day ended with the animators performing an astonishing ramp walk and a photo session...

I thank all those who helped us, especially our lovely animators and coordinator including the youth & children who performed.

- Erica D'souza, Youth

Gift of Love Community



Nov. 17th, 2019 - Children's Day - we screened a fun movie **Dunston Checks In** for the children and youth of our community... while not missing out on the usual spot prizes, games and yummy snacks.

On Dec 21st, 2019, around 45 of us went carolling with children of other faiths

Community of the Nativity of Our Lady

On November 1st, 2019, we the Children's Council were invited to a Children's



Day party organized by the animators of the community of the Nativity of Our Lady.

We had a lot of fun as there were many games and I got introduced to children I didn't know.

We began with a March-past *Follow the leader...* then played games with innovative twists, like *Treasure Hunt* in which the teams had to hold hands while searching for clues, *Housie* based on cartoon characters, a Fruit Salad game, *Balancing a Biscuit* on our foreheads, writing the caption *Happy Childrens' Day* with the paper on our heads, while the smallies played *Passing the Parcel*. We also had a special guest all the way from Goa who helped in organising the games.

As part of the entertainment, my sister and I performed a classical dance.

There were spot prizes and take-away gifts; delicious cup-cakes and hakka noodles sponsored by one of the animators.

We enjoyed ourselves to the fullest. I would really like to thank everyone as it was a memorable day for me and I believe it has been a memorable day for my friends as well.

- Celeste Swamy

(who kept joining us along the way); later refreshments were arranged by our coordinator and animators.

Events, like these, help us remain united as a community.

- Joswita D'souza

MATTERS *That Matter*

Shine your light



"Even so, let your light shine before men, that they may see your good works and glorify your father who is in heaven". (Mt 5:15).

Shine your light and make a positive impact on the world, there is nothing as honorable as helping improve the lives of others.

Each of us has a light to shine in the world. It can remain **obscured** if we ignore our heart calling us to follow it. But if we listen carefully and move into new and, sometimes, uncomfortable places, it will ever guide. Allow it to light the way and you'll find that it can help others follow their inner calling too.

In our times, when it seems the media highlights all that is negative, focusing on the inner light of wisdom helps to maintain a sense of balance & peace. A smile can be a symbolic way to light up someone's world or you may say a kind word, or offer a sign of Hope to someone who's suffering. A simple handshake can also make a difference as it has the power to transmit your Optimism to the other.

Light can manifest itself in many forms. How would you like to shine your light today?

- **Muriel Nigrel**

Christ the King community, Zone 5

..... *Some Light Reading* ... (pun intended) Light

There are so many thoughts running through my mind as I think of 'light.' What did Jesus mean when he said, "You are the light of the world..?" What did Plato mean when he said, "We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men are afraid of the light?" What does light do? It dissipates darkness, illuminates, renders clarity, exposes the concealed ... the jargon is endless.

Jesus said (John 8:12) that he is the light of the world and, again, (Matthew 5:14) that we are the light of the world. Does this convey that we can be Jesus-like and radiate his light in the world? Oh yes! We sure can, and we must, because we have been commanded to let our light shine for the world to see! The real question then remains - how can we be the light?

Being the light in today's dismal, forlorn world is not an easy task. When we look around us, dread, gloom, destruction and violence stares us in the face, and, still, our mission is to be the light. We don't have to look very far to find dark places that we can shine our light on. In our very own schools, colleges, offices and communities, we will find so many people who need someone to be a light-bearer in their lives; providing a meal once in a while, helping with some money, spending time with, and sometimes even by lending a listening ear.

Light is symbolic of all that is good, pure and divine. We are not infallible with all our foibles and shortcomings, but God makes the impossible possible and in God the weak are given strength. Being an instrument of illumination today can happen only with God's help. God gives generously to those who ask in faith. However, most of the time we are cuddled up in our comfort zones and too snug to want to get out of them.

Today, we may not need anyone else to make a difference in our lives, because we may think that we have all we need, but there will come a time when we will need someone to lean on, and the shoulder we lend someone else will come back to support us when we most need it.

Another property of light is that it reflects. The light we emanate to others will surely make its way back into our lives when we are in our darkest moments.

One of my favorite fictional characters Albus Dumbledore said, "Happiness can be found in the darkest of times, if one only remembers to turn on the light." We are the light and so let us remember to keep our 'Shine your light' mode on at all times!!

- **Candida Maria Lobo**, *Gift of Love Community*

Parish Family Day

Communion of Communities

November 10th, 2019, was a unique day of bonding and fellowship for our parish. Each of the eight zones and forty-three SCCs had been preparing skits, stalls and other sundries, over several weeks, and, at the end of that day, every heart was filled with gratitude and a sense of “time well-spent”.

Carefully planned and organised by our parish priest, Fr. Agnelo Fernandes, Ms. Yucca Gomes, PPC Vice-President, Ms. Abbe Fernandes, SCC Co-ordinator, and Sr.Manisha, each zone was assigned a specific task, and worked at it through endless struggles, with perseverance and time uncounted.



The evening began with a vibrant march-past, led by the Chief Guest - our very own Deacon Sebastian Fernandes, and his wife, Jane - followed by our priests, sisters, seminarian brothers, and Zonal Heads each waving their distinctive coloured flags, with their

members smiling and in sync. After the inaugural prayer by the sisters and lamp-lighting, Fr. Agnelo, Spiritual Director of SCCs, reminded us that the Church was the “People of God” and we were celebrating this day as a “Parish Family”. Deacon Seby then spoke from his heart, touching us all with his reminiscences and humble words.



Thereafter, the long-awaited skits began to unroll. Each zone had been allotted a theme covering every walk of life relevant to today’s 21st - century world, ranging from “Culture of India” to “Inter faith”, “Girl Child” to “Environment”, “Fun Event in Community” to “Message for Youth”, “Retro” to “Fancy dress Ramp Walk”. Our compere, Ms. Zeenaida Gracias, sensitively introduced and connected the events on stage, graciously accompanying them from start to finish, while the DJ and photographer endeavoured to make every event a passionate and a memorable one.

Mouth-watering aromas of delicacies from food stalls run by the Zones and communities wafted through the air, catering to nutritious health delights, while the evening came to an end with a game of Housie and everyone dancing the *Masala*.



Only a few who lingered on witnessed the organizers taking count, like a team of challengers smiling at each other as if to conquer the night. “Parish Family Day” is not just another day; it is a day to celebrate love and diversity in unity - that’s the Church. Amen.

- Maria Hickey,
‘PFD’ Committee member

Special Event - Workshop on "Parent-Teen Relationships"

(Confirmation students and their parents) From a Parent's Point of View

The New Year saw a new endeavour to deepen "Parent-Teen" relationships on Jan 5th, 2020 at the St. Anthony School Annexe. This workshop was organised by the Animators of the confirmands under the able guidance of Fr. Vinay Kamath. It began at 10:15 a.m. with Sr. Manisha leading us in prayer.

The session was conducted by Deacon Jaime and his spouse Ligia da Fonseca, who belong to the Archdiocesan Family Commission in Mumbai, as well as the "Pontifical Council for the Family", Rome, and are well experienced in this area.

Parents and children were divided into groups, and took turns to express the issues they faced with each other. It turned out that the teens had a shorter list, mostly of parents being controlling, not giving them enough freedom, treating them like children, comparing them with siblings/others. The parents on the contrary had a longer list, like mobile addiction, rebellious behaviour, not listening to parents, peer and social-media influence, making unreasonable demands, squabbling with siblings, dis-organised and untidy behaviour.

Jaime and Ligia, from their experience, decoded the issues between parent/teens. Their insight into the psychology of parents and the rebellious nature of teens in their growing-up years



provided an insight into the struggle both face in communicating concerns and feelings.

Finally, Jaime and Ligia conducted an exercise in which the teens were asked to write two positive points about their Mother and Father and the Parents had to write two positive points about their children. The parents and teens got emotional as they read to each other what they had written.

The session concluded with both groups praying for each other.

As a parent, I was able to relate to the children's grievances and found the session enriching. May many parents and teens understand better the many facets of parent/child relationships, so that their minds and hearts may be open to create better families, the foundation of society

The session was well appreciated by the confirmands as well as the parents.

- Veena Dsouza

(Mother of confirmand, Nathan D'souza)

From a Confirmand's Point of View



During this face-off between confirmands and their parents emotions ran high on both sides - parents were upset especially with the mobile phone addiction and the limited interaction their children (now youth) choose to have with them, while we mentioned the low trust our parents had in us with freedom a distant dream.

But Deacon Jaime and Ligia showed both sides the mirror - teenage is a phase of life that parents also went through and probably behaved

just the same as their children do today. The need of the hour is - Understanding, Love and Acceptance by parents - and from children the belief that parents want only the best for them.

Deacon Jaime and Ligia were not the least bit shy to share that their own children were just the same, giving us several incidents of similar situations they faced and how they managed. Parents needed to be parents to their children and not friends. It is only then that children will respect their parents and take the advice of parents seriously.

The moment that brought tears to my eyes was when we had to tell each other 2 good points - both realised that not all was negative. And one more touching moment was the prayer that we had to say for each other. Tears rolled down my cheeks, and in my heart I know my Mum and Dad love me endlessly, and I am sure I love them too even more!

Thank you Deacon Jaime and Ligia for this fruitful session that helped us open up and overcome the resentment we sometimes feel in our relationship with each other!

- Zayn Fernandes (confirmand)

Parish Website

St Anthony Church, Malwani

In today's information age, a parish website is one of the key means of providing valuable and updated information to parishioners. Our parish website has been in hiding for some time now, and it took a fervent youth - "Cleopas Lobo", pursuing his TOA course, to re-awaken the idea and present it to our parish pries, Fr Agnelo Fernandes, who welcomed, approved, and announced it at the November PPC meeting, inviting parishioners to volunteer.

Thus, was born the "Communication Cell" of St. Anthony's, under the able guidance of Fr Vinay Kamath, with Cleopas Lobo, Shifra Patel, Rebecca and Percy Kinny as the team to initiate and develop the project. Several brain-storming sessions followed - the theme was decided keeping in mind the Church heritage structure and exterior colors; and the launch date fixed for the Eucharistic celebration on New Year's Eve.

Collection of relevant data from heads of various Cells and associations, zonal heads and coordinators of all parish SCCs followed as the team had to act fast to present it to the Catholic Communication Centre. A special "Thank You" is due to all who cooperated so valiantly within the given time-frame, especially to those who collated the parish history, and helped in proof-reading and data authentication.

Finally, on New Year's Eve - 31st Dec, 2019, our website

www.stanthonychurchmalwani.in

was launched at the Church, by Fr. Vinay Kamath, and at the Chapel by Mr Shekhar Parve.

The team has put special emphasis on the objective of the website:

- to deliver and publish information related to the activities conducted by the various Cells and Associations, events and activities at the zonal, community and parish level
- so as to keep the parishioners informed and encourage greater involvement conforming to the parish vision and mission.



We encourage all Cells, Associations and Communities to send us your valuable feedback and email your information to: sac.malwani@gmail.com

Testimonies

Recently I heard about the son of one of my acquaintances, about 38 years of age who was rather frail. The father had abandoned the family, so the mother worked as a domestic to support them. The boy too took up a small job in an imitation jewellery factory, but suddenly fell ill. His condition was getting worse, but they could not afford medical treatment.

I visited their home with my sister and found that he had given up hope, thinking he would die. Along with neighbours, we collected some money and took him to Shatabadi hospital, Kandivali, where tests were done. The report showed that he was in the last stages of TB, but no one was ready to accompany him to the municipal hospital because of the long waiting hours involved.

We counselled him and assured him that we would stand by him; regularly took him for treatment, gave him healthy home-cooked food to ensure energy needed for the strong drugs, and encouraged him with texts from Scripture and with prayer.

My family supported me, especially during long visits to the municipal hospital. I experienced strength and Jesus helped me to help him. After treatment over the last year, I feel so happy to see that he has recovered and is back to health.

My little effort helped save a life. I thank and praise God for working through me.

- Jennifer Mascarenhas

Coordinator: "O. L. of Forsaken" Community

October: The "Extraordinary" Missionary Month



I was thrilled when I heard that October was declared an "Extraordinary" Missionary Month for the universal Church by our Pope Francis, and that all of us "baptized" are sent as missionaries.

I thought to myself: "What an honour to be sent by the Church to say to everyone: "God, ABBA, Father, loves you unconditionally' ... "GOD IS LOVE" and "LOVE IS GOD"

Our Holy Father appeals to all of us to be 'Agents of God's Love', especially to the marginalized, less-privileged, downtrodden, poorest of the poor. To follow the examples of saints like Mother Teresa, St. Vincent de Paul, Frederic Ozanam, and many others who, in their personal prayer, everyday asked God to grant them grace, strength and devotion to follow their Mission.

October, the "Extraordinary Month" has gone, but we have every day of our lives to reach out to the people in our neighborhood and other remote places, to fulfil basic human needs like food, education and good health, to make God known. To bring dignity to lives!

The World is in Darkness, it is bitter, hard and unfair. Therefore we are sent forth as missionaries to be the LIGHT to this dark and bitter world to make it a better place to live in. Thus we can spread the Kingdom of God in this year 2020 and for ever and ever, AMEN.

What an honour!

Thank you for this mission, O God!

-Melwin Quadros

Animator: Sacred Heart Community

Animators Training: 13th October, 2019

Sr. Manisha (Gospel-Sharing)

Animator Vanessa Essaki (The Four 'C's of "Cluster Revival")

After the Opening Prayer, Sr. Manisha introduced the topic of "Gospel sharing" which is the first step to be included in every meeting of the SCC Core Group. Demonstrating through a small group, with participants of different ages, languages and backgrounds, Sr. Manisha took us through each of the "Seven Steps" of the gospel sharing method used in our parish. It was a valuable experience to be replicated in our meetings.

After a refreshment break, Animator Vanessa Essaki of Borivali shared her spiritual secrets with us.. Her training entailed "The Four C's Of Cluster Revival" - "Connect - Care - Coordinate - Collaborate".

Connect: a two-way bond between self and community clusters, building trust for support when needed.

Care: understanding needs of clusters, enhancing value and talent acquisition banks.

Coordinate: the Church and its services to the families; encourage and motivate Church and community-related programmes and

associations. Be the knowledge base and instant reference whenever required.

Collaborate: Build a database of families, identify individuals needing faith-revival, rebuild faith marriages where needed, support revival in belief.

The acronym Animator spells out the magic:

A - Available (Time & Commitment)

N - Nurture (Care for the families)

I - Involve (Wholeheartedly)

M - Meeting (Skills & Brainstorm)

A - Approach (Attitude)

T - Take initiative (Take Interest)

O - Observe (Be Vigilant)

R - Responsible (Be So)

Thank You, Sr. Manisha and Vanessa for your time and expertise;

For us it was a morning well-spent.

God bless both of them.

– **Maria Hickey**, Coordinator
(St. Anne's Community - Zone 8)



Advent-Christmas Outreach

Sisters of the Helpers of Jesus and Volunteers



On 14th December, the Helpers of Jesus and volunteers distributed food to our poor brothers and sisters on the street from Malad to Andheri. On the following day, ration, snacks, new T-shirts and bed-sheets were distributed to 60 poor families.

On 21st December, 45 confirmation children with their animators and Fr. Vinay Kamath joined the sisters and volunteers in distributing food, water and biscuits to 350 brothers and sisters on the street, from Borivali (West) to Andheri (West).

Finally, on 22nd December, the sisters, volunteers and 2 confirmation animators went

to Dudhani (a village in Gujarat) where we distributed rice, dal, bed-sheets, blankets, towels, mats, biscuits, old clothes, steel plates and glasses to 100 families and 50 children in the boarding school.

Sister Martha, who leads our group, said "Jesus is the light of the world. As His followers, we can spread light in the darkest places, give hope to the broken-hearted, peace to troubled and disappointed people, and bring a smile to their faces. We may not be able to satisfy all their needs but we try to bring some improvement in their present situation".

We, the volunteers of Sneha Sagar Society of the Helpers of Jesus and the confirmation students were blessed with the opportunity of sharing the joy and peace of Christmas with many.

If you would like to participate in this noble work of mercy, you are most welcome to join us. Thanks for your prayers and support.

Sister Martha's phone number is 9867846323.

– **Christopher Britto**
Volunteer

..... *Christmas Outreach With A Difference*

Neighbourhood Youth Group, Holy Cross Community Enaswadi, Kharodi

On 8th December 2019, a group of 22 budding "Clean-up enthusiasts" armed with a lot of energy and determination set out at 5 am from Kharodi after a short prayer together. Our destination was 'Our Lady of the sea Church', Uttan.

The event was formally planned to give attention to hygiene and health concerns as well. Though we did not have the necessary cleaning equipment we managed with available resources.

We began picking up all plastic material and glass bottles littered around the Cross and the statue. Then we moved to the rest of the premises. The discarded material was handed over to the concerned authorities.



After cleaning the outside ground, we decided to have a pleasant outing to the beach. There we "chilled" with one another for a while.

It was a happy time for all of us as we pooled our efforts which helped in bonding as one youth group. We look forward to other such events.

– **Dhanamary Chetty**
NYG, Enaswadi

Parish Family Cell

Report 2019

The Parish Family Cell is a unit of the “Archdiocesan Family Apostolate”, established to focus on the social, cultural and spiritual needs of families.

Objective:

To build stable, happy, spiritual families and strengthen the family bond.

Members: religious, married couples, married singles, widows / widowers, couples of inter-faith marriages, youth and unmarried singles, professionals.

Bonding Activities: Spiritual bonding & Social activities

Activities in the Parish.

Working closely with the SCCs, Youth, Senior citizens, and others to complement their activities and enrich families at grass-root levels.

Mobile Family Ministry:

Visiting the homebound of our parish ...
Approx. 174 families visited so far.

Sessions already conducted:

- *Educational Sessions for families* – Importance of a **WILL**, Fitness & Nutrition, Effective Parenting, at the Zonal, Community and Cluster levels.
- *Senior Citizens* – customised session on Fitness & Nutrition.
- *Youth* – Personality Development, Public Speaking, Time Management, Leadership, Interview Skills.

These sessions have been attended by about 500 individuals so far. Kindly contact your Coordinator/Animator if you wish to have any of the above sessions for your SCC.

- *Children (4 to 12 years)* - GOOD TOUCH vs BAD TOUCH for approx 100 children.
- *World Marriage Day* for married couples; Lenten Pilgrimage

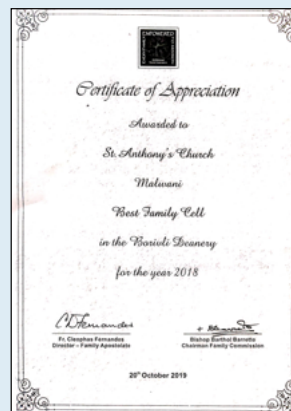
Welfare outreach activities:

- Visits to: the Clergy Home, Home for the Destitute, Orphanage



The Family Cell meets every second Tuesday of the month at the Mini Hall after the 7.00 pm Mass followed by a fellowship.

Spiritual Director: Fr. Vinay Kamath
Coordinators: Fiona & Alvito Pereira



**PROUD
MOMENT FOR
OUR PARISH**

The Parish Family Cell, St Anthony's Church, Malwani, was awarded the “Certificate of Appreciation” as the Best Family Cell in the Borivili Deanery.

Good Touch Vs Bad Touch

Organised by the Parish Family Cell

The Family Cell invited “R Society R Responsibility” and their team (consisting of both parents and children) to conduct an Awareness Program on “GOOD TOUCH vs BAD TOUCH” for the children of our parish on 12th Nov. 2019. A number of children, aged between 4 and 12, attended, with some of their parents.



- The session began with a Prayer Dance and prayer recited by a child.
- An interactive skit followed during which the children were asked questions at regular intervals. Those who answered correctly were rewarded with a Gold Star. This innovative approach kept them engrossed, totally involved and excited.
- The children were guided on the Do's and Don'ts of speaking to strangers, and of the dangers of letting anyone, other than parents, get too friendly or touch them.
- Four body areas were identified, (and also illustrated with pictures) that should not be allowed to be touched.

- The 4 mantras of “Self Defence” in such situations were explained.

The basic message was well communicated and the children were given small take-away gifts. The session was appreciated by all.

“Draw near to me, you who are uneducated, and lodge in the house of Instruction” (Sirach, 51:23)

We thank our Lord, and our parish priest, Fr. Agnelo, for support in this educative venture, helping pure hearts and minds protect themselves against unhealthy situations.

– *Lynette D'Mello, Member*

..... Finance And Investment Planning Workshop

Organised by: Bombay Catholic Sabha (BCS) | 3rd November 2019 | Report

Our speaker for the day was Mr. Steven Fernandes, CFP and SEBI registered investment advisor from “Proficient Financial Planners”. From his vast knowledge, he explained Investments, both long and short-term, those that are safe or involve risk, the different methods of investing and how Banks work on the money we invest; loans, fixed deposits, Mutual and other Funds. We were cautioned not to be lured by attractive interest rates. A supportive PowerPoint presentation demonstrating the figures and ways of selecting

desired investments helped towards better understanding. Questions by the audience were patiently clarified, and the speaker's contact details were shared in case of future need.

It was indeed a very helpful and informative session for all those dealing with uncertainties and confusion on how to safeguard their hard-earned finances in the present political scenario. The session concluded with a sincere vote of thanks for a very informative session.

– *Christina J C, BCS*

What Stays with me ...



... After “Parish Family Day” | November 10th, 2019

- A beautiful experience this year; well-planned get-together!
- Inaugural prayer song by our parish sisters Take your candle; go light your world was touching and soothing to the soul.
- Watching parishioners of different age groups show-case their talents inspired us in the audience to participate in future community events.
- Great to see so many participating; with others encouraging them; and still others expectantly waiting for even more surprises in the next skit.

- The new anchor, Zeenaida Gracias, was fantastic and sustained the audience mood.
- The chief guest’s speech was heart-warming; as well as the speech of our parish priest, Fr. Agnelo, and PPC Vice-President, Ms Yucca Gomes.
- Food stalls packed with tasty home-made items rather than the outside stuff.

Overall, a “Family Day” that has become a memory to linger for a long while

– **Joachim Fernandes**
Nativity of O. Lady” community

... .. After the Workshop on Parent-Teen Relationships | 5th January, 2020

- The Workshop was an “Eye Opener” (in more ways than one)!
- A gathering of over 200 people ... anticipation, anxiety, joy, fear, to name a few feelings!
- The very warm welcome with refreshments, genuine greetings and smiles
- Our active participation in the opening hymns, shedding inhibitions, dancing and singing with people we had only just met.
- Our hosts Deacon Jaime and spouse Ligia, with a long list of achievements to their credit, down to earth, putting everyone at ease with their gentle, calm manner and sharing their experiences not only of working with youth from different parishes

but also from personal dealings with their own children.

- References from the Holy Bible with roles of father, mother and children clearly defined.
- Both parents and teens left with better understanding and a promise to work on areas of improvement.
- The face-to-face encounter & hearing what each had written about the other brought smiles and tears.
- We concluded with touching prayers for and to the young adults and parents.

Kudos to the Animators and all involved in planning & execution of a unique event!

– **Hansel Silvan D'souza**
(Father of Delsie)

Special Event: Mumbai - Malad Circle Catenian Association Clergy & Religious Appreciation Day | 364- A True Band of Brothers

On 28th September 2019 our circle decided to celebrate “**Clergy & Religious Appreciation Day**”. Several individual teams of the MMC 364 were formed to ensure the smooth functioning of the event. The **Communication Team** created elegant invites, program collaterals and other supporting content for the event, **Dining & Entertainment Team** worked on the venue, hospitality and other arrangements while the other brothers invited priests and religious of the surrounding parishes.

We were supported in our endeavors by Fr Gilbert D’lima, Dean of the Borivali Deanery, Fr. Aniceto Pereira, Rector of St Pius X Seminary, Bro. Dr. Aubyne Savio Fernandes and Fr. Agnelo Fernandes, parish priest of St Anthony’s Church, Malwani.

The circle meeting began at Green Village Resort, Malwani. We were blessed to have with us Bishop Percival Fernandez who wholeheartedly participated in the deliberations, sharing how the Archdiocese of Bombay reaches out to the poor and needy, and happy to see our circle help local parishioners through educational loans and scholarships. After a group photograph we proceeded to



St Anthony’s Church for Mass celebrated by Bishop Percival along with 8 other priests and attended by our circle brothers, their families, as well as other priests and religious.

After the Eucharistic celebration we continued with the rest of the celebration at Green Village and were joined by an impressive number of thirty priests and religious from the neighboring parishes. The fellowship program was anchored by our ever-enthusiastic Bro Maxie D’Souza. We also engaged in a unique puppet show - a soulful rendition of Ave Maria - performed by Ms Yoko Rai, a talented ventriloquist.

As we concluded for the day, we recalled the words of Henry Ford “**Coming together is the beginning. Keeping together is progress. Working together is success**” for the Brothers of MMC 364 have truly formed a bond strengthening our family through friendship and faith.



– Compiled by
Bro. Dr. Aubyne Savio Fernandes
& **Bro. Sylvester Rodrigues**

मुखपृष्ठ कथा

क्रुसाची तेजस्वी किरणे

आरशावर किरणं पडली की परावर्तित होतात. म्हणजे त्याच रेषेत ती आरशाकडून बाहेर फेकली जातात. हिऱ्यावर प्रकाश पडला की तो चमकून उठतो. श्रद्धेच्या प्रकाशात न्हाऊन निघणाऱ्यांचं सुद्धा असंच असतं. निराशा, उदासीनता गळून पडते.



डिसोजा कुटुंबियांच्या (नाव बदलले आहे) पूर्वजांनी प्रार्थना करण्यासाठी सर्व नातेवाईकांनी एकत्र यावे म्हणून पन्नास वर्षापूर्वी क्रुस त्यांच्या कंपाउंडमध्ये बांधला. तसं डिसोजा यांचं खानदार फार मोठं. प्रत्येकाचं वेगळं कुटुंब. जगण्याची शैली मात्र एकच. गुण्या-गोविंदाने आणि उत्साहाने, प्रेमाने एकत्र राहणे. जीवनातील आनंद वाटायचा व दुःखं वाटून घ्यायचं. अर्थात हे सर्व क्रुसासमोर. लग्न, बाप्तिस्मा, कम्युनियन, वाढदिवसाचे सोहळे क्रुसासमोर साजरी होत. तर मयत झाल्यानंतर वा सातव्या-महिऱ्याच्या मिस्साच्या सांत्वनासाठी सुद्धा क्रुसासमोरच दुःख व्यक्त होत असे. प्रत्येकाला आनंदात साथ आणि दुःखात आधार देण्याचं काम क्रुसाचं. दररोज नित्यनियमाने क्रुसासमोर पाच-सहा जण का होईना प्रार्थनेला जमत व रोझरी म्हणत. त्याबाबतीत क्रुस मात्र नशिबवान. बाकीच्यांना फक्त मे-ऑक्टोबर मध्येच काय ती माणसं दिसतात.

एकेदिवशी बिल्डर नावाची संस्कृती कंपाउंडमध्ये आली. पैशाचं आमिष भल्याभल्यांना भुलावतं. सत्य प्रामाणिकता, निष्ठा या ईश्वरी मुल्यांचा निभावसुद्धा पैशासमोर लागत नाही. स्वार्थ, लोभ, खोटेपणा, फसवणूक यांचा विळखा पडला की,

आयुष्यभराची नाती क्षणार्थात उद्ध्वस्त होतात. ज्यांनी सुख-दुःखात हाथ दिला त्यांनाच लाथ दिली जाते. बिल्डर विकासकांच्या गळ्यात गळा घातल्यानंतर त्यांच्याच ताटाखालचं मांजर होण्याची पाळी अनेकांवर येते. वर्षानुवर्षे एकत्र असलेल्यांची तोंडे दहा दिशांना करण्याची नीती बिल्डर/विकासक करतो. जे फुटले व त्याच्या बरोबर गेले ते 'जिंकल्यात' जमा झाले. ज्यांनी आम्हान देऊन कोर्टात खेचले ते 'हरल्यात' जमा झाले.

क्रुस मात्र एकटाच मागे राहिला. पन्नास वर्षे उभ्या असलेल्या क्रुसासमोर प्रार्थना करण्यास कोणीच उरले नाही. त्याची अडचण होऊ लागली. त्यालासुद्धा हलविण्याचे ठरले गेले.

निमित्त होते या क्रुसाला निरोप देण्याचे. शेवटाची आभाराची रोझरी ठेवली गेली. जिंकलेल्या, हरलेल्या सर्वांना निरोप गेले. पैकी जिंकलेले सर्वच सहभागी होऊ शकले नाही. जे सहभागी झाले ते उपचारापुरतेच. केवळ फॉर्मालिटी म्हणून. बाकीच्यांनी पाठ फिरविली. कारण ही शेवटची रोझरी हरलेल्यांनी ठेवली होती. हे 'हरलेले' मात्र मोठ्या उत्साहाने सामील झाले. ज्यांच्या डोळ्यात अश्रू होते ते सुकण्याआधीच त्यांनी उभारी घेतली. क्रुसांनी त्यांना सांगितले; काही हरकत नाही, माझ्याबरोबरसुद्धा असंच झालं. तरीपण मी तिसऱ्या दिवशी उठलो. तुम्हीसुद्धा उठाल. क्रुसावरील श्रद्धेच्या प्रकाशात हरलेले सर्वच जण चमकत होते. तेजाने तळपत होते.

- शेखर पारवे

उंबराचा पानी

चलता है चलने दो...

'सर्व मुसळ केरात' किंवा 'पालथ्या घड्यावर पाणी' ह्या म्हणी जुन्या काळात निर्माण झाल्या त्या उगीच नाही. याचा अर्थ एखाद्या व्यक्तीला किंवा समूहाला चांगल्या रीतीने ओरडून अथवा बोंबा मारून सांगितलं तरी ती व्यक्ती किंवा समूह त्यांना जे हवं असेल तेच करेल.

आता बघा पोप फ्रान्सिस यांनी 'लाउदातो सी' म्हणजे 'केअर फॉर क्रियेशन' (निसर्गाची काळजी) हे परिपत्रक काढून चार वर्षे झाली. संपूर्ण जगभर, धर्मप्रांत आणि धर्मग्राम पातळीवर विविध कार्यक्रमांची आखणी करून लोकांमध्ये जागरूकता आणली गेली. नोव्हेंच्यासाठी विषयसुद्धा याच मुख्य संकल्पनेला धरून ठेवले. लोकांनी प्रवचनं ऐकली.

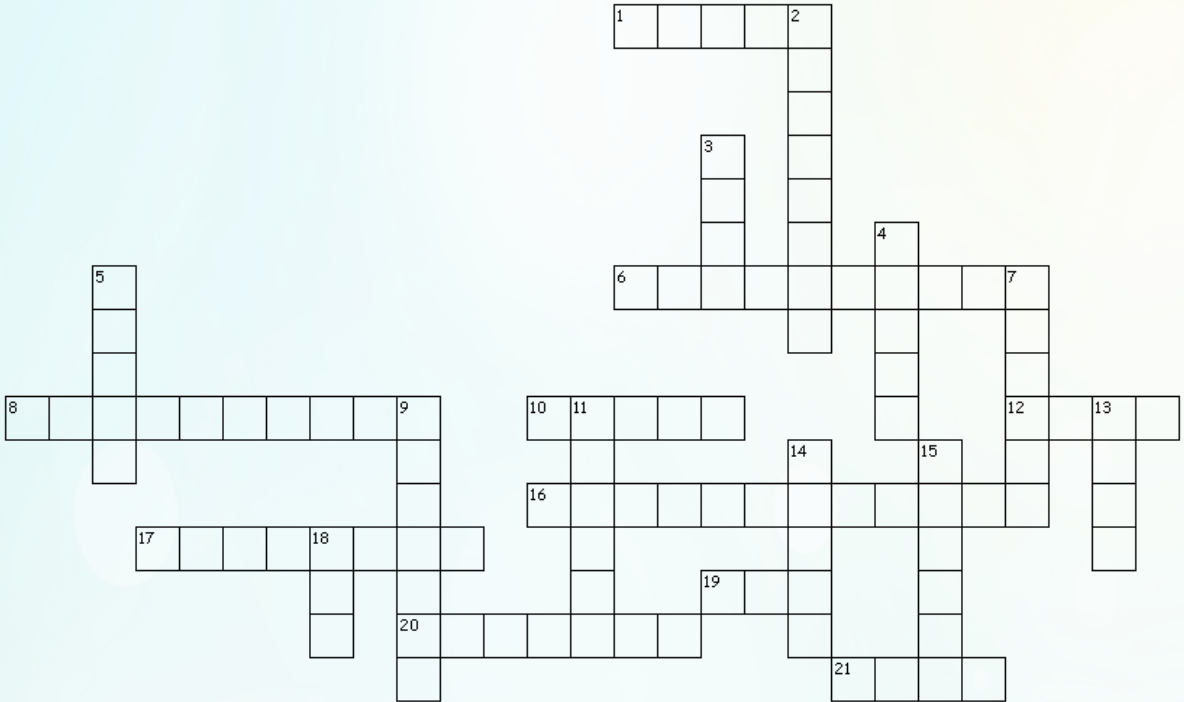
श्रद्धावंतांच्या प्रार्थना म्हटल्या. निसर्गाची हानी न करण्याचं आश्वासन चर्चला आणि पोपमहाशयांना दिलं.

पण गंमत म्हणजे आजसुद्धा चर्चप्रणित संघटना ज्या स्टॉल लावतात तेथे खाद्यपदार्थांची विक्री प्लास्टीकच्या पिशव्यांमधून करतात. युवकांकडून यावर्षी बनविल्या गेलेल्या चर्चमधील क्रीबमध्ये तर चक्क थर्माकोलचा वापर केला होता. महाराष्ट्र सरकारने थर्माकोलवर बंदी आणलेली असताना त्याचा वापर करणं गैर आहे. आपण ख्रिस्ती आहोत. धोरणं आणि अंमल यामध्ये विसंगती दिसून येतात. प्रयत्नांपेक्षा आपला भर प्रार्थनेवर अधिक. सर्व काही चमत्काराने होईल, कृतीने नाही असच जणू आपल्याला वाटतं असेल.

- कुपायरी

'उंबराचा पानी' हे सदर या नववर्षापासून सुरू करत आहोत. चर्चची धोरणं आणि त्याचा अंमल यामध्ये आपण ख्रिस्तीजण दोन टोकाला उभे असतो. याच विसंगतीवर बोट ठेवणारं हे सदर. थोडंसं चिमटे आणि गुदगुल्या करणारं.

Adult Quiz



Across

- 1. Light was created on this day
- 6. Tongues of Fire
- 8. This mountain was covered in smoke
- 10. warmed himself by the fire
- 12. tested in fire
- 16. This led the Israelites by night
- 17. Jesus wants us to be ? of Light
- 19. Lamp of the body
- 20. The beast is thrown into the lake filled with fire and ?
- 21. Tests the quality

Down

- 2. We are called out of this
- 3. Light to the gentiles
- 4. Paul threw this creature into fire
- 5. Light of the world
- 7. This part of the body is compared to fire
- 9. Offered with fire
- 11. Called fire from heaven
- 13. God' word is a ? to my feet
- 14. Saw a burning bush
- 15. Refined in fire
- 18. Time of light was called this

Kindly place your xerox answer sheet in the church / chapel collection box mentioning your name and community by 29th February 2020. Names of those with correct entries will be published in the next issue.

..... WINNERS OF LAST QUIZ OCT-NOV 2019)

ADULT QUIZ WINNERS		
Sr No	Name	Zone
1	Nataline Ambrose	3
2	Naomi Pereira	2

Kiddies Quiz

Can you identify these symbols seen in the church and used everyday



Rush your answers by 29th February 2020. Place your xerox answer sheet in the church / Chapel collection box. Mention you name, std and zone. Winners to be announced

WINNERS OF LAST QUIZ (OCT-NOV 2019)

KIDDIES QUIZ WINNERS			
Sr No	Name	Std	Zone
1	Crystal Fernandes	VI	2
2	Deepak Chettiar	VI	3
3	Sarah Fernandes	VII	3
4	Shawn Noronha	VIII	5
5	Joanita Nazareth	IX	4
6	Luke Mendes	IX	3
7	Renita Alva	IX	2



Called to Eternal Life

	Name	Date	Age	Relation	Area
1	Francis Victor D'souza	04/10/2019	57	h/o Lorna Rita D'souza	Kharodi
2	Albert Braz Alvares	05/10/2019	75	S/o Braz Alvares	Marve Village
3	Thomas D'souza	07/10/2019	63	h/o Iris D'souza	Malwani
4	Pascal D'mello	13/10/2019	83	S/o Kashmir D'mello	Malwani
5	Still Born	15/10/2019		C/o Leon & Bhavika Ambrose	Malwani
6	Frederick Balthazar Lobo	18/10/2019	66	s/o Balthazar Lobo	Malwani
7	Margaret Anthony Rozario	28/10/2019	72	w/o Anthony Rozario	Lower Kharodi
8	Lily Anthony Gomes	30/10/2019	57	s/o Johny Gomes	Malwani
9	Sudhakar Achudhan Nair	31/10/2019	86	h/o Lily Nair	Patelwadi
10	Catherine Sutari	08/11/2019	70	w/o Anthony Sutari	Malwani
11	Bridget D'souza	08/11/2019			Malwani
12	Lira Clavina Fernandes	09/11/2019	77	w/o Marcus Fernandes	Jankalyan Nagar
13	K. I. Peter	20/11/2019	76	s/o K. Israel	Rathodi Village
14	George Saldanha	29/11/2019	72	s/o Thomas Saldanha	Malwani
15	Alex Xavier Patel	30/11/2019	69	s/o Xavier Patel	Kharodi Village
16	Pawlin D'souza	14/12/2019	70	w/o John D'souza	Malwani
17	Matilda Gonsalves	25/12/2019	72	w/o Simon Gonsalves	Malwani
18	Connie Coutinho	26/12/2019	63	w/o Charlie Coutinho	Lower Kharodi
19	Anna Celine Furtado	28/12/2019	80	w/o Francis Furtado	Jankalyan Nagar

Forthcoming EVENTS

FEBRUARY

2nd Feast of the Presentation of
Jesus in the temple
-The day of Consecrated Life
Infant Jesus Feast

4th PPC Meeting

9th World Marriage day

11th World Day of the sick

21st Confirmation –
Bishop Dominic Savio will
administer the sacrament.

26th **Ash Wednesday**

MARCH

3rd PPC Meeting

8th International Women's Day

19th Feast of St. Joseph

25th Annunciation of the Lord

APRIL

5th Palm Sunday

7th PPC Meeting

9th **Maundy Thursday**

10th **Good Friday**

11th **Holy Saturday – An Hour
with Our Lady**

11th **Easter Vigil**

12th **Easter Sunday**

19th **Divine Mercy Sunday**

Visit our
New Parish Website
stanthonychurchmalwani.in



NEWS OF THE CATHOLIC WORLD

Grandparents as a LIGHT in Church and family life

A Vatican conference on the pastoral care of the elderly entitled, "The Richness of Many Years of Life" is underway in Rome.

The event, which is being organized by the Dicastery for Laity, Family and Life is looking at how to deal with the culture of "discarding" the elderly, as well as their role in the family, and their particular vocation in the Church.

One of the participants is Catherine Wiley, founder of the Catholic Grandparents Association, whose mission it is "to help Grandparents pass on the faith and keep prayer in the heart of family life".

Speaking to Vatican News, Wiley describes this conference as "absolutely of its time; it is perfect timing for this to bring together likeminded people who can share views and ideas and commit to each other to just not talk the talk but to walk the walk."

Catherine, who is a grandparent herself, emphasises the vital role the elderly and grandparents can play in the life of the Church. There is an opportunity, she says, to look at ages and stages of grandparents and the elderly and how they fit into the community.

"We need in every community and in every parish a ministry for grandparents and the elderly, not just somebody who's slotted into the role because they have nothing else to do; somebody who is part and parcel, who's competent, who's professional, who can see the needs in the parish a mile off."



Loneliness and the elderly Catherine points out that some of the elderly people attending daily Mass in our churches can experience loneliness and fall victim to depression. "Nobody calls on them, there aren't enough priests anymore to call on them; they're worried about their last will and testaments; they're worried about end of life issues; they're worried about their families not coming to see them and I'm thinking, 'how can this happen in a community so close, so loving?'. But it's happened", she says.

She stresses that there are so many older lay people who have the wisdom, experience and the skills to be a vital asset in the community and it's important to get them "on board".

Wisdom and storytelling

One of the most important and often underestimated qualities the elderly possess is the ability to tell a story. "We Catholics", says Catherine, "have the greatest story ever told" and this is something that the older generation can pass on to their grandchildren. The only way to do it is to introduce your young people to the story of Jesus".

"Passing on the faith gets harder and harder in the way that we were brought up in the faith", she notes, "but the opportunities and challenges are magnificent because we live longer, we have more time to spend, more care to give, more wisdom to learn..."

By Lydia O'Kane
(Courtesy: Vatican News)



Christmas Tableau



Parish Family Cell wins Award



Animators Training

Animators Training



Parish Family Day 2019

Editorial Board: Fr. Agnelo Fernandes, Sr. Daphne Furtado, Yulricka Fonseca, Shekar Parve, Rudyard Gomes, Abbe Fernandes, Joynel Fernandes

Published by: St. Anthony Church, Marve Road, Malwani, Malad (W), Mumbai - 400 095. INDIA

Tel: 2888 5516 | **Email:** toniantweets@gmail.com | **Printed by:** Mumbradevi Art Printers, Malad